

DRIVING DIRECTIONS: (5TH AND 6TH GRADE TRAVELING TEAMS)

BARRINGTON

Take Spaulding Turnpike toward Dover/Newington. Keep left at the fork to continue toward Rte. 1. Take exit 8W for Rt-155 toward Madbury. Merge onto W. Knox Marsh Road/Rte.9. Turn right on Little Worth Road. Slight right at Province Lane. The Town Gym is located at 41 Province Lane.

BIDDEFORD

Middle School

Take the Maine Turnpike (I-95) to Exit 32 (Biddeford). After the tollbooth, turn left at the traffic light intersection onto Route 111 (Alfred Street). Staying right, follow Route 111 to the (5 Points) intersection of Route 1. Turn right onto West Street this will place Burger King on your left and a cemetery on your right. Stay on West Street for approx. ½ mile. Turn right at next Red Light onto Hill Street ext. the Biddeford Middle School will be on your left hand side.

High School

Turnpike North to Exit 32. Turn left onto Rte. 11. After Five Points Shopping Center, take your first left (May Street) and go to the end of the street. Turn left on South Street and then first right into Maplewood Ave. School is on your left at 25 Maplewood Ave.

ELIOT ELEMENTARY SCHOOL

From I-95 South - take exit 2 for ME-236 toward Kittery/US-1 Bypass/S Berwick/US-1. At the end of the exit, take a left onto Rte 236. Go to a set of stop lights about 2.2 miles. (Shopping center is on your left). Take a left onto Beech Road. Go straight to stop sign. At stop sign take a right onto State Road. The school is just down the road on your right.

EXETER Middle School COOP

Travel 95 south and take Exit 2 towards Exeter/Hampton (exit before the major toll booths). At the top of the exit, pay toll and bear right heading towards Exeter. You are now heading west on Route 101. Take Exit 12 and at the bottom of the off-ramp go left. Travel straight to stop sign and take a right onto Hampton Road. Travel approximately 1 to 1 ½ miles and look for Guinea Road on your right. There will be a COOP sign. You will travel up over bridge – Coop entrance is located 200 yards on the right. Travel around to the back of the school and park in back parking lot. Two double doors heading to gym are directly in front of you.

KENNEBUNK

Sea Road School

Take 95N to Exit 25 (Kennebunk). After the tolls take a left. Go past high school. You will come to a fork. At the fork, bear left. Turn left at the lights. At the next set of lights (at fork) go to the right. Follow the road until you come to another set of lights. Take a right (funeral parlor on corner). The school is ahead on the right.

Middle School

Take 95N to Exit 25 Maine Turnpike. Right at stop sign and straight after overpass into West Kennebunk Village. At first stop sign take right onto Thompson Road. Middle School is 300 yards on the right.

KENNEBUNKPORT

Middle School

From South I-95 Turnpike take Exit 25 bear right onto Rt. 35. At next stop sign take a right onto Fletcher Street -Alfred Road at the next stop sign you will then take a right onto Thompson Road. The Middle School will be located approximately 1/4 mile down Thompson Road on your right.

KITTERY

Shapleigh School

Take Route 1 south. At lights at the intersection with Kittery Trading Post, take a right onto Route 101. Take first left onto Manson Ave. Shapleigh is on the right hand side at the top of the hill.

MARSHWOOD JH

ME Turnpike south. Take exit 2 for ME-236 toward Kittery/US-1 Bypass/S Berwick/US-1. Head north on Rt. 236 and continue into Eliot for about 5 miles. School is on your right. (Formerly Marshwood HS).

NOBLE

Middle School

Take Rte 91 to Rte 236. Take a right onto Rte 236 and drive about 1.7 miles. At the stop sign take a right into South Berwick, staying on Rte 236 about 3.9 miles. Stay on Rte 236 through South Berwick. Keep going straight until you come to another stop sign. Take a right onto Rte 9/School Street. You will travel about 3 miles up Rte 9. Turn right at Cranberry Meadow Road.

Mary R. Hurd School

Take Rte 91 to Rte 236. Take a right onto Rte 236 and drive about 1.7 miles. Turn right at Main Street/ME-236/ME-4 and continue on Route 4 for 7 miles. (This section of Route 4 is High Street). Mary R. Hurd School is at 77 High Street.

North Berwick Elementary School

Take Rte 91 to Rte 236. Take a right onto Rte 236 and drive about 1.7 miles. Turn right at Main Street/ME-236/ME-4 and continue on Route 4 for 6.7 miles. Turn left onto Varney Road. North Berwick Elementary School is at 25 Varney Road.

OLD ORCHARD BEACH

Loranger Basketball Court

Take the Maine Turnpike, Saco/Old Orchard Beach Exit 36. Stay on Route 5. Route 5 will merge into Saco Ave., which leads to Old Orchard Beach. Follow Saco Ave. to the rotary and bear left around the rotary. There is a gas station/convenience store and car wash on the right. Stay on Saco Ave. until you reach a four-way traffic light. Loranger Middle School is on the left and Police/Fire station on the corner. Turn left onto E. Emerson Cummings Blvd. The Loranger entrance to the gym is in the back.

OYSTER RIVER MIDDLE SCHOOL

Get onto Route 95 south; take Spaulding Turnpike, Route 16. Stay on Spaulding Turnpike until off ramp US-4 W Dover Pt./Concord/US-202 and follow for 4 miles. Take the RT-108 exit toward Durham/Newmarket. Turn left at Dover Rd/RT-108. Continue on Main St. Turn right at Madbury Rd. Turn right at Woodman Rd. Turn left at Dennison Rd. Turn right at Coe Dr.

ROCHESTER

Take 95 S (to Portsmouth). Take second exit after high rise bridge (heading toward the Fox Run Mall) onto Rte 16, Spaulding Turnpike. Go through two (2) sets of tolls. After the second toll, take Exit 12. Bear right off the exit. Take a left onto Brock Street at the first set of lights. McClellan School is on the left (after the cemetery). Take a left just past the school and go behind it. The gym is in the back building on the left.

Rochester Community Recreation Center

Take Spaulding Turnpike to Exit 12 (Route 125). At the end of the off ramp go right. Go through approximately 4 lights. At the last light in the series, go left (it is kind of like a "Y" intersection). At this point, you should pass a Kentucky Fried Chicken. Follow this street to Main Street in Rochester. At this light go straight through onto Columbus Avenue. At the end of Columbus Avenue take a right onto Wakefield Street. Go straight on Wakefield Street pass the Spaulding High School. You will see a McDonald's on your right. Right after McDonald's you take a quick left. You will see the Rochester Community Center. We are playing there.

Saint Elizabeth Seaton School

Get onto Route 95 south; take Spaulding Turnpike, Route 16. Stay on through both Dover & Rochester, NH tolls. Take Exit 14 'Ten Rod Road Exit'. At the off ramp bear right you will see a Pizza Hut on the left as you exit. On your right you'll see Burger King. Go about ½ mile on that same road, past the yellow blinking light. You will go over a bridge and at the end of it is a stoplight. Take a right at the light. St. Elizabeth Seaton is the first building on the left. It is a big brick building with the school name in large silver letters. Door to enter is the door that is just below the school name; this is the first door you see from parking lot.

ROLLINSFORD

Take Rte 91 to Rte 236. Take a right onto Rte 236. At the stop sign, take a left. Go over the bridge. At the first blinking light, take a right. The road will curve to the left. After the curve, take a right onto Foundry Street (you will see an American Legion sign). Go straight until you see the American Legion. Just past the Legion take a left. Go up the hill and bear right at the top of the hill. The school is on your left.

RYE, NH ELEMENTARY

Go to Yoken's 'Thar She Blows' in Portsmouth (Lafayette Road). At the traffic light take a left onto Elwyn Road. Go to next stop sign, which is a 4-way intersection. Turn right. The school is about ¼ of a mile down on the right. (If you get to another gas station at another intersection you've gone a little too far - turn around).

SACO

Middle School

Take I-95 South to Exit 36. Merge onto I-195 E toward Saco/Old Orchard Beach. Take exit 1 for Industrial Park Rd. Turn Left at Industrial Park Road. Turn right at ME-112/North Street and continue on Route 112. Turn right on Rt. 112 to Saco. The school is located on the right sitting on the hill just before the turnpike overpass.

New Saco Rec Center (Old Armory)

Turnpike take the Saco Exit. Take the first exit after the tolls for Industrial Park Rd. At the light turn left on Industrial Park Road and follow to red light at the end. At this light turn left. Drive approx 1 mile just past Young School there will be a softball field on the right. Turn right on the road after the field. That is Franklin Street. The Rec Center is the second brick building on the left.

SANFORD

Middle School

From I-95 take Wells/Sanford Exit 19. Turn right onto Route 109. Travel approximately 15 miles to Sanford. Sanford Junior High is on your right.

Carl J. Lamb School

From I-95 take Wells/Sanford Exit 19. Take Right onto Route 109. Travel approximately 12.3 miles. Turn right at Carl Broggi Hwy/ME-4A/US-202/Winter Street. Turn left at River Street and travel 1.3 miles. Take a sharp right at ME-224/Shaws Ridge Road.

SOMERSWORTH

Take Rte 91 to Rte 236. Take a right onto Rte 236. Cumberland Farms will be on your left. At the stop sign, take a right into South Berwick. Stay on Rte 236 through town. Keep going until you come to a stop sign. There will be a Cumberland Farms on your right. Take a left. Follow the road into Somersworth. Go over the bridge and after the bridge stay on the main road, which bears to left. At the fork, bear right. Stay straight until you come to a set of lights. Take a right onto West High Street. Go down the hill. You will see SAU56 buildings. Take a left onto Cemetery Rd. After fence and fields take a left. The high school and middle school are joined together. Go between the two schools.

SPRINGVALE

Nasson Community Center

From I-95 take Wells/Sanford Exit 19. Turn right onto Route 109. Travel 14.4 miles and continue on Route 109, crossing over Route 224. Take your next left onto Bodwell Ct., just past Springvale Library to your left. This leads into the parking lot for the Nasson Gym, which you will find in the back left corner of the parking lot.

STRATHAM

Take 95 S to Rte 33 (Greenland exit). Go straight through two (2) sets of lights and a blinking light at Cumberland Farms. About 2 miles past Cumberland Farms there will be a sign on the right that says "Stratham Memorial School". Take your next **left** onto Lovell Road. (If you see Stratham Park on your left, you've gone too far. Turn around and take the first right onto Lovell Road). About 1/4 mile down take your first right onto Gifford Farm Road. The school is straight ahead. Gym is out back to the right.

Stratham Cooperative Middle School (Co-op)

Take 95 South until right before the Hampton Tolls. Then take the exit for 101 West towards Exeter/Manchester. Take exit 11, for 108 North towards Stratham (you will take a right after you get off the exit). Go about 1/2 mile, then take your very next right onto Stratham Heights

Road. Go about 1 mile, take a right onto Guinea Road. About 1/2 mile down the road take your next left onto Academic Way. Keep following the road until you come to the school. The entrance to the Gymnasium will be out back.

ST. THOMAS

Take I-95 to Wells (Exit 19). Take a right after the tolls and head into Sanford on Rte 9 for 12.3 miles. Just as you are getting into the town of Sanford, you will see a Dunkin Donuts on the left. Take the next right (it is like a three-way intersection) onto Carl Broggi Hwy/ME-4A/US-202/Winter Street and follow road for 1/2 mile. Take a left onto North Ave., between the shopping center and gas station. Go up the hill and you will see St. Ignacious Gym on the right.

WELLS

Elementary School

From 95 - take exit 19 "Wells" turn left at the lights onto Route 109. The elementary school is on the right red & tan building, if you have reached the lights at Route 1 you have gone too far. Please use the entrance off the bus loop.

From Route 1 - turn onto Route 109, just past the town hall on the left is the Elementary school.

Middle School

From Spur Road – I-95 head North on Route 1. Continue approximately 12.5 miles. The Middle School is located on Route 1 to your left, just past the Wells Public Library.

YORK

York Middle School

From I-95: take the York Exit (Exit 7), bear right at the lights onto Route 1. Travel to the top of the hill and take a left at the lights onto York Street/Route 1A. Just down York Street on your right you will see the York Street Baptist Church. The church sits on the corner of York Street and Organug Road. Take a right onto Organug Road. Travel about 1/8 of a mile on Organug Road and York Middle School is located on your left.

York High School

From I-95: take the York Exit (Exit 7), bear right at the lights onto Route 1. Travel to the top of a hill and take a left at the lights onto Route 1A. Travel one mile to the monument and bear left. Travel six-tenths of a mile and turn right onto Long Sands Road. York High School is seven-tenths of a mile on the left.